

Summer



2024 Summer Programs for Youth/Teens  
Parks, Recreation & Leisure Services



# Department P&R Summer Youth/Teen Programs

## Rec n' Roll Scuttle Bus

Free, mobile recreation program with recreation equipment, fun & games, plus USDA meals to take home. The bus visited Langley Square Apartments, Magruder Heights Apartments, Shell Road Corridors, King Street Corridors, and Seldendale Apartments.



## USDA Feeding Program



24,260 lunches, 23,160 snacks, and 900 dinners were distributed to children at various city locations during the summer.

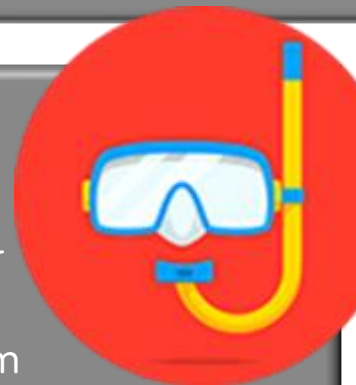
## "Making A Splash" Parks-After-Dark Events

Patterned after the national "Parks After Dark" model, "Making A Splash" is a free, outdoor event series with water balloon games, Slip n' Slide, video game bus, dee jay, karaoke, bounce houses, food trucks, and more for family fun.



## Summer Camps for Youth & Teens & Rec-Connect Program

Summer Fun Camp  
Summer Adventure Camp  
Teen Life Unplugged Camp  
Therapeutic Rec Camp Superstar  
All-City Basketball Camp  
Jr. Ranger Camp @ Sandy Bottom  
Youth Tennis Camp



# Summer Teen/Youth Programs @ Community Centers

## North Phoebus Center

All-City Weekly Basketball Camp

North Phoebus Gaming League

"Girls Got Game Too" Program



## Fort Monroe Center

"Teen Life Unplugged" & Video Game Summer Camp

Summer Fun Camp

Dad's Workshop (Teen/Dad)

Wreathing It Craft Workshop

Family Fun Nights/Board Games

## West Hampton Center

Summer Nights Fastbreak Basketball 5-on-5 League

Summer Fun Camp



## Northampton Center

Summer Nights Fastbreak Basketball 5-on-5 League

Summer Fun Camp

Taekwondo Classes



# Summer Teen/Youth Programs @ Neighborhood Centers

## Fox Hill Center

North Phoebus  
Community Center

Table Tennis Open  
Recreation

Guitar Jam

Bingo Night

Pickleball

Quilting & Sewing

Square Dancing

Scrap & Chat

## Little England Center

Summer Adventure  
Camp



## Mary W. Jackson Center

"The Hamptons"  
Summer Basketball  
League powered by  
CATCH featuring  
Buck Joyner

Summer Adventure  
Camp

Line Dance Classes

"Recreation Matters"  
Youth Mentoring  
Program

## Y. H. Thomas Center



"The Hamptons"  
Summer Basketball  
League powered by  
CATCH featuring Buck  
Joyner

Adult Basketball Open  
Recreation

Summer Adventure  
Camp

# Summer Teen/Youth Programs - Athletics

## Basketball

Hampton Youth Basketball League  
@  
Boo Williams SportsPlex  
(with 10 Athletic Associations)

Hampton Adult Basketball League 2  
Nights/Week  
At Community & Neighborhood  
Centers

## Football & Tennis

Hampton Youth Tackle Football League  
(with 10 Athletic Associations)



Youth Tennis  
Camps & Lessons

## Variety Sports . . .

Baseball with Wythe Little League & Fox Hill Athletic Association

Soccer with PAA Youth Soccer League & VIP United FC Adult Soccer

City Youth Fast-Pitch Softball League

City Youth Cheerleading League

## & More Sports

City Adult Softball League

City Adult Volleyball League (with various associations) & Open Beach Volleyball

Pickleball Courts

Indoor & Outdoor Fitness Equipment

Disc Golf Open Play

Yoga & Cardio Classes

# Summer Teen/Youth Programs – Therapeutic Recreation



T/R Camp Superstar

Field Trips

Sensory Play

Group Interaction



Campers enjoy recreational activities with peers, and a fun-filled summer of games, creative activities, cooking, field trips, and more.

This program is designed for individuals with disabilities and requires advance registration and assessment. Participants must be able to use the restroom with minimal support, follow 2 step directions, and have a desire to participate. Therapeutic Recreation programs have a 1:4 staff-to-participant ratio.



2024 Fall Programs for Youth/Teens  
Parks, Recreation & Leisure Services



# Fall & Winter Teen/Youth Programs @ Community Centers

	MON	TUE	WED	THU	FRI	SAT	
North Phoebus Community Center				Spooky Vibes		Super Bowl Saturday	
		Art Showcase		Taste Buddies		Girls Grassroots Basketball Run	
				Art Showcase			
	Beyond the Bell After School Program						
	Game Room & Fitness Room Open						
Fort Monroe Community Center						Pumpkin Dunk	
	Beyond the Bell After School Program					Craft Corner	
	Game Room & Fitness Room Open					Mingle & Jingle	
West Hampton Community Center	Beyond the Bell After School Program						
	Game Room, Fitness Room & Rock Wall Open					Breakfast with Santa	
Northampton Community Center	Beyond the Bell After School Program						
	Game Room & Fitness Room Open						



# Fall & Winter Teen/Youth Programs @ **Neighborhood Centers**

	MON	TUE	WED	THU	FRI	SAT
<b>Fox Hill Center</b>	Youth/Teen Basketball & Volleyball Partnership with Fox Hill Athletic Association					
<b>Little England Cultural Center</b>			Trunk or Treat			
	After the Clock Strikes 2 - Out of School Program & Kid's Café					
<b>Mary W. Jackson Center</b>	Teen Open Rec		Teen Open Rec		Teen Open Rec	Little Chefs
	Recreation Matters Ages 6-17 (Basketball, Recreation, Conflict Resolution, Etiquette)					Trunk or Treat
	Fitness Room Open					Creative Studio
						Poised & Polished Girls Workshop
<b>Y. H. Thomas Center</b>	E.L.E.V.A.T.E. & Kid's Café					50 Strong
	Fitness Room Open					Trunk or Treat

# Fall & Winter Teen/Youth Programs @ Therapeutic Recreation Center



MON	TUE	WED	THU	FRI	SAT
Therapeutic Recreation After-School Program					
Adult Rec-Connect					Teen Scene
	Special Olympics Unified Bowling				Special Olympics Unified Volleyball
School's Out - Recs In					Special Olympics Pickleball
Operation Winter Break Camp					Special Olympics Basketball
					Valentine's Dance
					Pajama Jammy Jam Dance
					Family Fun Night



## Additional Youth/Teen Activities



## P&R Activities for All Ages

- Visit Animals at **Bluebird Gap Farm**
- Basketball on **Outdoor Basketball Courts**
- **Hike & Explore** Grandview Nature Preserve
- **Metal Detecting** at Buckroe
- Explore **Air Power Park**
- **Geocaching** at Sandy Bottom Park
- **Build Sandcastles** at Buckroe Beach
- Play on the City's **82 Playgrounds**
- **Bike or Skate** the Buckroe Boardwalk
- Play **Disc Golf** at Matteson Trail
- **Outdoor Fitness Circuit** at Gosnold's
- Walk & Ride Park **Paths and Trails**
- **Volunteer** with Clean City Commission
- Play Soccer at **Buckroe Soccer Park**
- **Skateboarding** at Hampton Skate Park
- Play Tennis on **Outdoor Tennis Courts**
- **Fishing** at Armistead Pointe Park & Pond
- Discover and Walk the **Waterwalk Trail**

- **Fly a Kite** in Open Space Park Areas
- Train Your Pet at **Ridgway Park**
- **Beach Volleyball** at Buckroe
- Attend **City Festivals**, or better yet, volunteer!





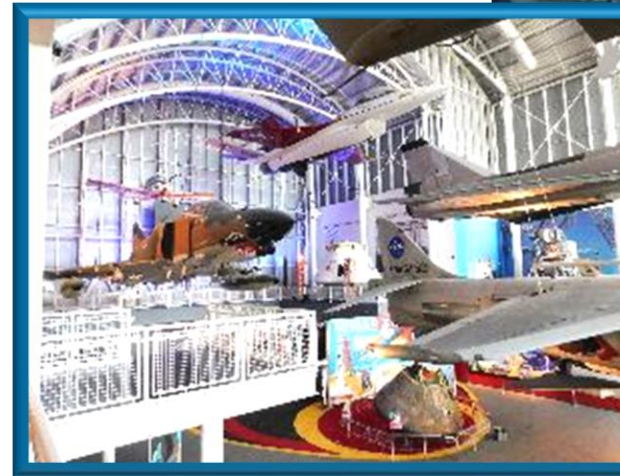
## P&R Activities for All Ages

- Explore the **Hampton History Museum**
- **Indoor Swimming** at Fort Monroe
- **Water Sports & eFoil Surfboard** Rentals at Buckroe Beach
- Fishing on the **JTW Fishing Pier**
- **Game Rooms** at Community Centers
- Rent **Kayaks, Canoes & Pedal Boats** at Sandy Bottom Nature Park
- **Fitness Rooms** at Centers
- Rent **Park Shelters for Cookouts** with Friends
- **Play Golf** at The Hamptons or Woodlands with Student Discounts
- Attend a Peninsula Pilots **Baseball Game** at War Memorial Stadium
- Ride the Historic **Downtown Carousel**
- **Yurt Camping** at Sandy Bottom Nature Park
- Rent **Pedal Boats and Bicycles** at Fort Monroe Community Center
- Join the **BMX Club** at Gosnold's Hope Park



## More Fun things to do in Hampton . . .

- **Bowling** at Spare Times or Century Lanes
- Latitudes **Rock Climbing**
- Shopping & Entertainment at **Peninsula Town Center**
- Hampton **Aquaplex & Splash-Down Park**
- Events at **Hampton Convention Center**
- Explore **Fort Monroe** National Monument
- Visit **Virginia Air & Space Center**
- Visit Hampton **Libraries** and Join Programs
- Take Hampton's Cell **Phone Tour**
- See **Movies** at Hampton's Theater
- Waterways **Paddling Tour** with Shored Up
- Join **Youth Sailing** of Virginia
- Concerts & Shows at **Hampton Coliseum**
- Join the **YMCA** or **Boys & Girls Club**
- Visit **Skyzone** Trampoline Park
- Ride the Hampton Queen **Harbor Tour**
- Performances at **The American Theatre**
- Join the Summer **Youth Employment** Program





Questions?